

# ALUMNI PROFILES



## Cowichan Secondary School

Cowichan Secondary has a rich tradition in the community. Over the decades, a lot of grads of Cow High have gone on to do interesting things. They are not all rich and famous (well some are), but they have accomplished things in the areas of community service & volunteerism, business & professions, trades & tech, arts & athletics and so much more. We would like to highlight the accomplishments of these individuals, as well as celebrate our alumni community as a whole.

### We need your help!

If you are a Cow High Grad, please consider answering the short list of questions below. If you know other Cowichan Graduates (past and present) who you think would be interested in being highlighted, please give us that information as well.

### Alumni Profile:

1. Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Maiden Name (if applicable): \_\_\_\_\_

2. Class of \_\_\_\_\_ (Year)

3. Where do you live now?

\_\_\_\_\_

4. Current career/work/profession?

\_\_\_\_\_

5. Hobbies/Interests/Life Experiences?

\_\_\_\_\_

6. Words of advice to our current Grad Class?

\_\_\_\_\_

\_\_\_\_\_

7. **Photo:** Please email us a photo of you that we can use in your **Alumni Profile**. Please email the photo to Lynne Martin at [cssecretary@sd79.bc.ca](mailto:cssecretary@sd79.bc.ca) (or drop one off at the school)

**Help to complete our Alumni Pages;  
get your friends who graduated with you to submit their profile.**