

COWICHAN HOOP CAMP



From July 3-7, 2017

Grades 1-8 from

8:30am- 11:30am

Grades 9-12 from

12:30pm- 3:30pm

MISSION

To provide a positive environment for improving basketball skills and developing as a person.

FOCUS

- Shooting form
- Ball-handling
- Attacking the basket at game speed
- Reading situations in competitive environments
- Fundamental defensive principles
- Transition play

DIVISIONS

Boys and Girls

Grade 1-3

Grade 4-6

Grade 7-8

Grade 9-12





COACH

*Sandeep Heer, Coach
Cowichan Secondary*

COST

Per

Camper: \$80

Per Sibling: \$70

Sessions held at the
Cowichan Secondary Gym
Monday (July 3)
to Friday (July 7)

8:30 am-11:30am (grades 1-8)

12:30 pm- 3:30 pm (grades 9-12)

INQUIRIES

*Sandeep Heer,
(250) 715-8461*

buffdeep@hotmail.com

CAMP REGISTRATION

Last name

First Name

Parent or Guardian

Address

Home Phone

Work Phone

Age

Gender

Grade

Care Card Number

E-mail Address

T-Shirt Size

Sm

Med

Lg

Xl

Indicate which group you will be entering:

___ Grade 1-3

___ Grade 4-6

___ Grade 7-8

___ Grade 9-12

CAMP FEES

\$80.00 PER CAMPER

\$70.00 PER SIBLING

Payment by; Cash or Cheque

(payable to Cowichan Secondary School)

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