

East Indian Rice

Serves 4-5

Ingredients:

60 mL butter
5 mL cumin
½ onion - chopped
1 potato – sliced
assorted chopped vegetables
2 mL salt
5 mL garam masala
250 mL basmati rice
500 mL water

Directions:

1. Melt butter, add cumin and onions.
2. Add raw potato and other vegetables – cook until lightly browned.
3. Add salt, garam masala, basmati rice and mix well.
4. Add water and cook for 10 – 12 minutes **with lid on**.

Recipe from “**Kitchen Culture - The Lives and Foods of Immigrant Women**”

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