COWICHAN SECONDARY

Friday File: April 27, 2018

Upcoming Events

- May 1 and 2nd – **Mid-Island Track & Field Meet**
- May 4th **– Pro-D Day – NO SCHOOL**
- May 14th - **Student Presentation- Safer Schools Together Social Media Awareness, Digital Footprints, and Cyberbullying**
- **MAY 14 – 18 – District Scholarship Judging**
- May 17th **– Land Based Program at CSS Parent and Student Presentation (see next slide)**

Registration for Mill Bay Elementary Nature School opens April 30th!
Good news for parents who are interested in learning more about the recently announced Mill Bay Elementary Nature School opening this September! Registration for the school opens on Monday, April 30 and runs until Friday, May 4. There is important registration information on the school district website, so please read through the requirements carefully. Enrolment is open to any student in the Cowichan Valley, including students already enrolled at other SD 79 schools. We are welcoming and inclusive of all learners. Find out more here: http://sd79.bc.ca/parents/mill-bay-elementary-nature-school/

CSS Reunion Notice:

Class of 1988 grad reunion: July 28, 2018

For More info, follow FB Page: https://www.facebook.com/cowichanhighclassof1988/

It's called Cowichan High School Class of 1988 30 Year Reunion

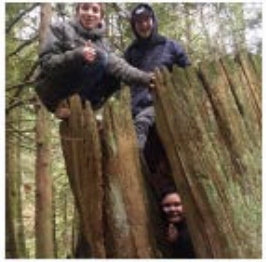
Save the Date!! Course Opportunity!

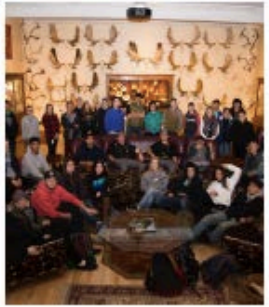
Cowichan Secondary Land Based Learning Program September 2018 to January 2019

Get outside and learn! Doing Secondary School Differently!

Receive credit for English Language Arts 10/11, Physical Education 10/11, Environmental Science 11, Social Studies 10/11 and a VIU Dual credit course (for free). Get ahead, be curious, learn about our community and the work being done to protect and nurture our land, rivers, ocean and forests.

Limited seats. Come find out more on May 17 @ 6:30 pm in the CSS library. See next slide for more information!





Cowichan Secondary
Land Based Learning Program

Join us to learn more on May 17 @ 6:30 PM CSS Library

If you:

**are physically active and curious*

**want to learn outdoors*

**seek some adventure*

**want to be involved in planning the future of this region*

**are interested in the rich history and knowledge of the Indigenous people*

...then this program is for you!

LAND BASED PROGRAM
SEPTEMBER 2018 – JANUARY 2019

Inquiry and place-based learning

Inquiry-based learning requires the active participation and ownership of the learner. Inquiry requires learners to ask deep and meaningful questions and use research skills to attempt to answer these questions. Ideally, this helps to increase student engagement and capitalizes on the natural curiosity that we all have. Place-based learning uses our surrounding communities and wild spaces to connect with the required curriculum and root learning in local experiences related to the unique history, culture, and environment of the Cowichan Valley.

"Real life" projects

- ☑ reclaiming clam gardens
- ☑ eradicating invasive plants
- ☑ researching and developing projects based on local water issues
- ☑ mapping watersheds
- ☑ building public trails

Work Alongside

- ☑ scientists
- ☑ land developers
- ☑ fisheries officers
- ☑ elders,
- ☑ conservationists
- ☑ eco-tourism organizations

Learn

- ☑ Hul'q'umi'num language
- ☑ Coast Salish history and culture

Earn

- ☑ 16 or more credits towards your grad program
- ☑ Credits may include: SS 10/11 or First Nations Studies 12, Eng 10 or 11, Environmental Studies 10/11, Leadership 11/12, PE10/11/12 and elective credits thru Independent Directed Study (student led projects).

Contact Ms. Vanessa MacDowell or Ms. Kelly Dougan for more information.
250 746 4435
vmacdowell@sd79.bc.ca
kdougan@sd79.bc.ca

Dual Credit Option available with this program

Save the Date

Youth, parents & adult students are invited to a Health & Sciences Career Fair

THURSDAY, MAY 17, 2018

10:00 a.m. to 12:00 p.m.

1:00 p.m. to 3:00 p.m.

Siem Lelum Gymnasium

5574 River Road, Duncan

Guest Speakers

Door Prizes

Information Booths

Science Demonstrations

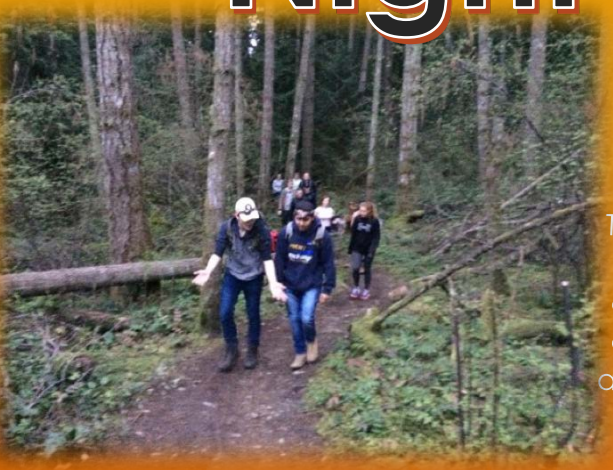
For further information, please contact:

250.715.1022

Diana.Brooke-Webster@cowichantribes.com

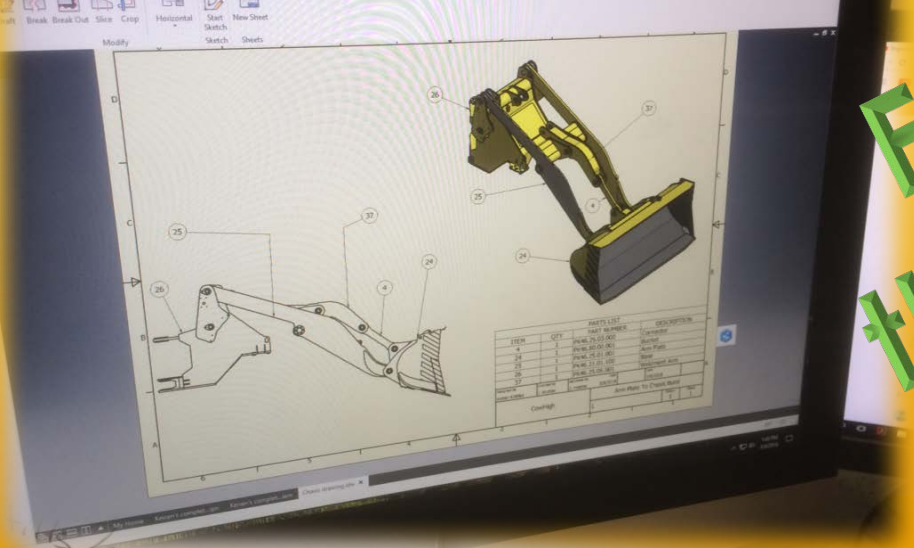
fnesc

Night Hike



The Search and Rescue 11 classes headed up Cobble Hill Mountain on Thursday night to experience what hiking and searching in the dark might feel like. We were even joined by a few parents, dogs and other student friends!

From the Lab



From rm107 (ICT/ADST/Drafting) we have Anika's Forensic Project re. facial recognition from a skull; Ben's Kodi Project about video streaming; and Keiran's Front-end loader Project for Drafting and Design. – Mr. Hutzler

Thunderbird Hockey

A special thank you to Coach Moroz and Coach Jane for their work at the Thunderbird Development Camp this week. And to RBC for sponsoring!

Here a picture of the Law 12 class attending the Duncan Courthouse to observe how court and trials run.

Duncan Courthouse: Law12

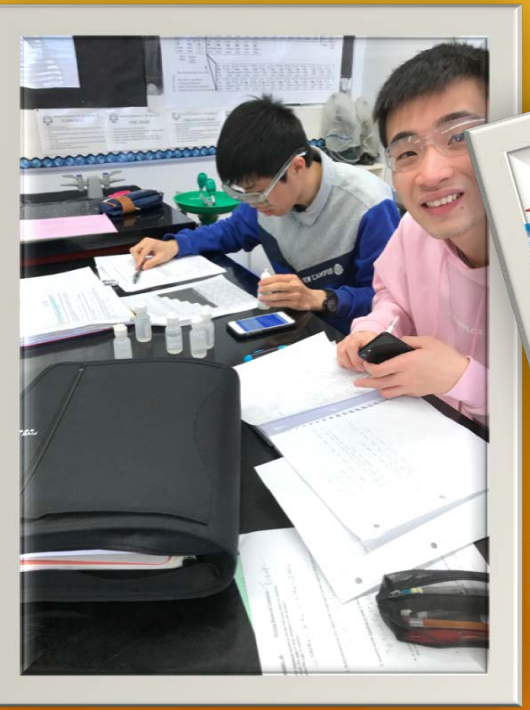
Images from this week attached (salmon fry release 10 Science).

-Dr. Richardson

FORENSICS: FINGERPRINTING

Student teacher Mr. P teaching and Ms McKenzie's Forensics 11 class fingerprinting

Investigating precipitate formation and solubility trends in Ms McKenzie's Chemistry 11 class



Climbing @CSS

A few photos from the Nanaimo River climbing trip this week!

Mr. Whitney & Mr. Prest

In.Business!

We raise our hands to Danika Smith, Kassy Gait and Olivia Elliott for their success in the In.Business Program 2017/2018! Koren Bear, the Pacific Region coordinator, was at our school this week helping these 3 students with their final challenge. They are looking forward to participating in the closing conference in Nanaimo in May.

Huy ch q'u to Koren for bringing our Indigenous Youth this wonderful opportunity! CSS has had youth in this program for three years. These youth gain many skills and learn much about the business world. All participants can receive bursaries if they pursue post-secodary in Business. Additionally they receive credit for Marketing 12.

Do you want to be a part of the In.Business Program next year? See or email Ms. V. MacDowell for more information (vmacdowell@sd79.bc.ca).

The In.Business program was created by the Purdy Crawford Chair in Aboriginal Business Studies at Cape Breton University. This program encourages Indigenous high school students to pursue careers in business, an area typically underrepresented by Indigenous peoples. It aims to increase the number of Indigenous youth studying business at the post-secondary level, provides mentorship experiences with Indigenous business professionals, and increases confidence and independence to better prepare youth for being successful after high school graduation. Furthermore, the program allows youth to explore Indigenous business pathways and practices, and supports them in exploring Indigenous business, culture, and community simultaneously. @CBU_InBusiness @KorenBear

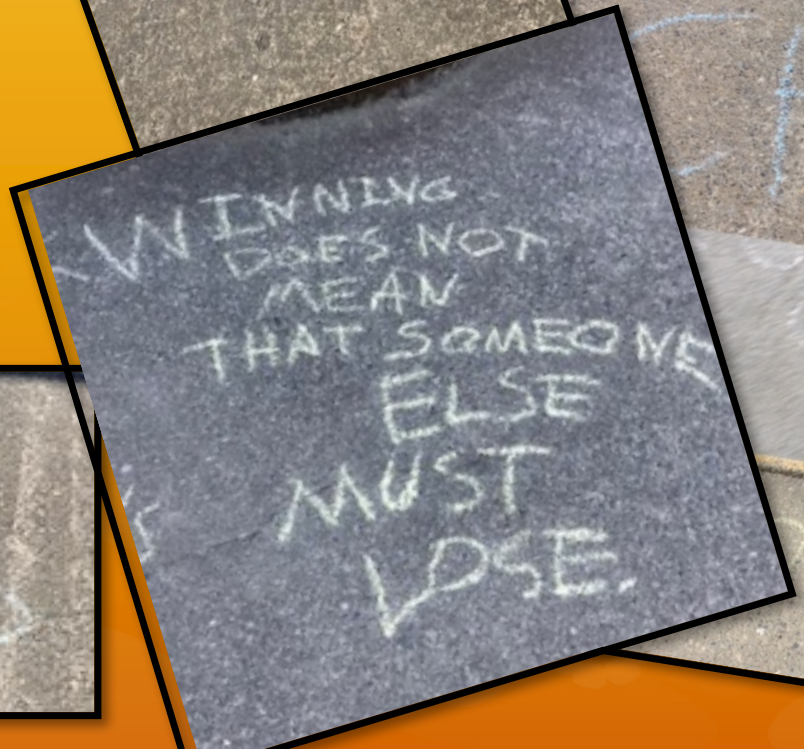
http://indspire.ca/nurturing-capacities/in-business-a-national-mentorship-program-for-indigenous-youth/
https://www.cbu.ca/indigenous-affairs/purdy-crawford-chair-in-aboriginal-business-studies/in-business/

More Amazing Art from Ms. Moore's Class

Kaylee and her insightful image designed and painted in Ms Moore's Art 10 class.

Multicultural Group Messages of peace and acceptance!

Huy ch q'u to the Multicultural Group for your uplifting quotes!



Community Classroom Learning!

Together with Laura Boyd-Close from the Cowichan Green Community, students from the Community classroom are learning about and tasting the fantastic produce being grown in Kin Park. – Ms. Rowan

A game of Pesca (Go Fish) in Ms. Rowan's Spanish Class!

Authentic Pizza

Foods10
Ms Budding

Baked goods!
Foods 10

Lasagna Week
Foods11

May 14th Presentation for Gr 10s

Student Presentation- Safer Schools Together Social Media Awareness, Digital Footprints, and Cyberbullying

PRESENTER NICK CHERNOFF WILL TALK ABOUT CYBER SAFETY TOPICS LIKE:

- BEING A GOOD DIGITAL CITIZEN
- CRIMINAL CONSEQUENCES OF CYBERBULLYING
- SOCIAL NETWORKING, SMARTPHONES, NETIQUETTE
- POSSESSION & DISTRICUTION OF INTIMATE IMAGES (SEXTING)
- DIGITAL MEDIA HABITS, OVERSHARING, DIGITAL ADDICTION
- ONLINE FOOTPRINT, COLLEGE ADMISSIONS STAFF AND PROSPECTIVE EMPLOYERS
- ILLUSION OF ANONYMITY, FALSE PROFILES
- GEO-LOCATIONAL SERVICES

P-Fit Gr 10-12

Grade 12 students and Mr. Skene set-up 12 different work-out stations in a circuit using the playground in the park behind out school. The focus for the training session was cardiovascular fitness combined with muscle endurance. This added variety to our training in terms of exercises and space while demonstrating options to students. Its outside, its free and there are playgrounds throughout the valley!

Ms. Birch's Grade 9 Math Review: Amazing Race Style!

TRY-A-TRADE PROGRAM AT CSS

BENCH ELEMENTARY STUDENTS ENJOYING THE TRY A TRADE PROGRAM

Ms McKenzie's Chemistry Class

Grade 11s investigating the mole in Chemistry

Track and Field

May 1st and 2nd – Mid-Island Meet Schedule

Mid-Island Track and Field Meet 2018 May 1 and 2

8G/8B	Grade 8 Girls/Boys			
JG/JB (Grade 9 and 10)	Junior Girls/Boys			
SG/SB (Grade 11 and 12)	Senior Girls/Boys			

FIELD EVENTS

Tuesday, May 1, 2018	9:30	10:30	11:30	12:30
High Jump	SB	8B	JG	
Long Jump	JG	JB	8B	
Triple Jump		SG	JG	SB
Discus	8B	SB	8G	
Javelin	SG	8G	8B	
Shot Put	JB	JG	SG	

Wednesday, May 2, 2018	9:30	10:30	11:30	12:30
High Jump	8G	SG	JB	
Long Jump	SB		SG	8G
Triple Jump		8G	8B	JB
Discus	JG	SG	JB	
Javelin	JB	JG	SB	
Shot Put	8B	SB	8G	

TRACK EVENTS

Tuesday, May 01, 2018		Wednesday, May 2, 2018	
9:30	400m Timed Finals	9:15	800m Timed Finals
10:30	3000m Timed finals	10:00	200m Timed Final
11:30	100m Heats	11:00	1500m Timed Finals
1:15	4X100 Relay	12:15	100m Final
		1:30	4X400 Relay

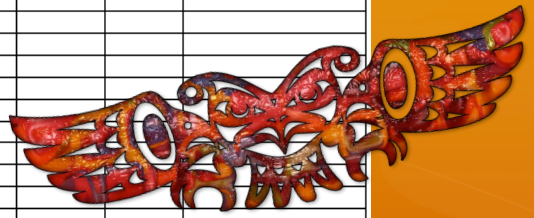
FIELD EVENTS BY AGE CATEGORY

Grade 8 Girls		Junior Girls
High jump	Wed 9:30am	High jump
Long jump	Wed 12:30pm	Long jump
Triple jump	Wed 10:30am	Triple jump
Discus	Tue 11:30am	Discus
Javelin	Tue 10:30 am	Javelin
Shot put	Wed 11:30am	Shot put

Grade 8 Boys		Junior Boys
High jump	Tue 10:30 am	High jump
Long jump	Tue 11:30am	Long jump
Triple jump	Wed 11:30am	Triple jump
Discus	Tue 9:30 am	Discus
Javelin	Tue 11:30am	Javelin
Shot put	Wed 9:30am	Shot put

Senior Girls	
High jump	Wed 10:30am
Long jump	Wed 11:30am
Triple jump	Tue 10:30am
Discus	Wed 10:30am
Javelin	Tue 9:30am
Shot put	Tue 11:30am

Senior Boys	
High jump	Tue 9:30 am
Long jump	Wed 9:30am
Triple jump	Tue 12:30pm
Discus	Tue 10:30am
Javelin	Wed 11:30am
Shot put	Tue 10:30am



Staff Pro-D Learning @Russell Island

Staff went on a native plant walk, toured the house originally owned by a Hawaiian family in the late 1800's . The unique feature of the island is also the ancient clam beds which staff got to see at low tide! There is an on going study, Parks Canada is working on building up the rock wall to recreate the gardens and study the influence on clam production, along with other sea life. This adventure was a very hands on experience for staff, the hope is to have more of our students participating as volunteers in reviving the clam gardens, as well as learning the history of clam production up and down the coast. One of our guides was an archeologist who is presently carbon-dating the gardens they are finding. The oldest, so far being 3000 years old. They estimate, based on the number of ancient clam gardens which would have been associated with settlements by indigenous peoples, that populations up and down the coast of BC would have been close to 1 million people.