



**COWICHAN SECONDARY**

**Friday File:** Sept 18, 2020

# Upcoming Events



- Monday, September 21 – Non-Instructional Day – No School
- Wednesday, Sept. 30 – Orange Shirt Day (In recognition of the legacy of Residential Schools)
- Wednesday, October 7 - One hour early dismissal (2:15)
- Monday, Oct. 12 – Thanksgiving Day (no school)
- Wednesday, October 14 – PAC Meeting 7:00
- Wednesday, Oct. 14 – Photo Day
- Friday, Oct. 23– Provincial Pro-D Day (no classes)
- Wednesday, Oct. 28 – One Hour Early Dismissal (PLC)
- Tuesday, November 10 – Photo Retakes
- Wednesday, Nov. 11 – Remembrance Day holiday (no school)

## COVID Reminders:

Parents and Students are reminded to observe the following:

- Students must do a daily health assessment before coming to school. If students have any symptoms associated with COVID (these include fever, chills, cough or worsening of chronic cough, shortness of breath, sore throat, runny nose, loss of sense of smell or taste, headache, fatigue, diarrhea, loss of appetite, nausea and vomiting and muscle aches), they must not attend school and must be symptom free before attending.
- Students must wear a mask in common areas (hallways). **We are finding some students are coming to school without masks and we are in very short supply of disposable replacement masks.**
- Students must sanitize or wash hands any time they are entering the building.
- Practice physical distancing when with students outside of cohort.

# Food For Kids !!

Cowichan Secondary is very thankful for the generosity of Nourish Cowichan. All students are invited to room 105 at lunch for some nutritious eats.





## From the Careers Centre

The following courses are available as Dual Credit Courses this year. Free Tuition!

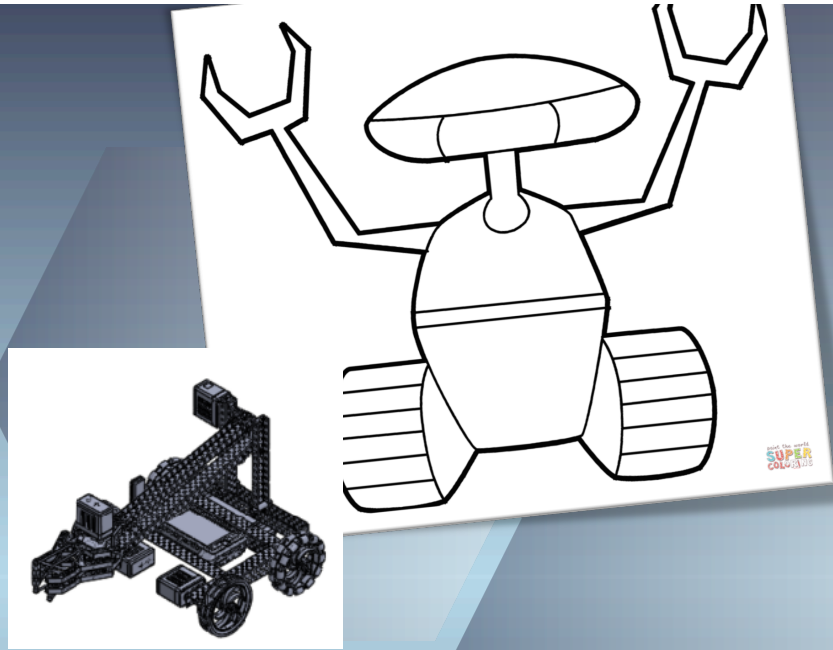
- **ENGL 115 (3) University Writing and Research**
- **BIOL 156 (4) Nursing: Anatomy and Physiology I**
- **BIOL 157 (4) Nursing: Anatomy and Physiology II**
- **FRCH 301 (3) Oral Expression and Cultural Exploration in French.** (French Immersion Only)
- **CRIM 154 The Criminal Justice System** (Law 12 students only)

Students must register before September 30. Come to the Career Centre for more information.

As well, Gibby's is accepting student volunteers. Students are eligible for Work Experience 12 – more info in the Career Centre ☺

# VEX ROBOTICS

The Robotics Club is back!  
Practices will be held on  
Thursday at lunch in room 130, no  
experience required. Go T-Bots!



**Thursdays @ LUNCH RM 130**



# VEX ROBOTICS

**Come and explore robots**

# Textbooks and Library Books from Last Year

If you have any textbooks or Library books at home from last year, please return them to the school. These can all be brought to the Library. If you would like to return items and you no longer have a child at the school - please call ahead at 250 746-4435. Last year we had an unusual year end and we had poor returns of these resources. They are needed for this year.

Thank you with your assistance with this.



# Ms. Veraflores' and Mr. Lofto's Environmental Stewardship class

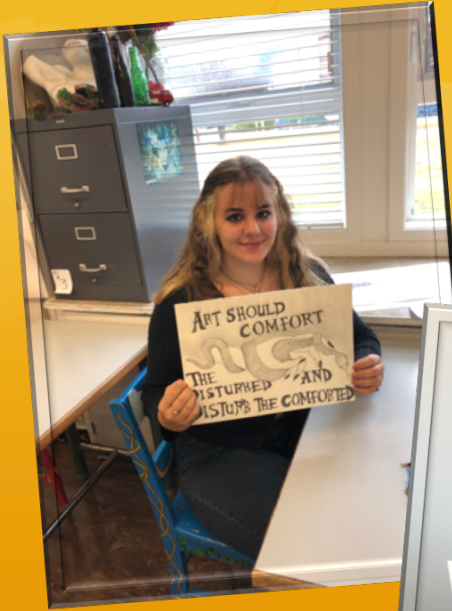


A trip to the Duncan Fish Ladder and  
a meeting with MP Alistair MacGregor.

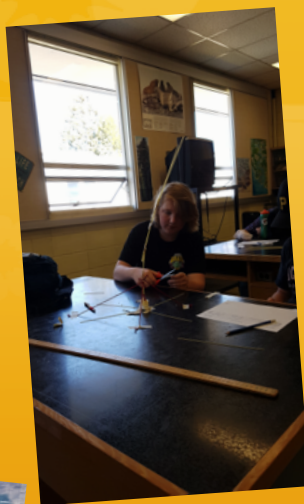




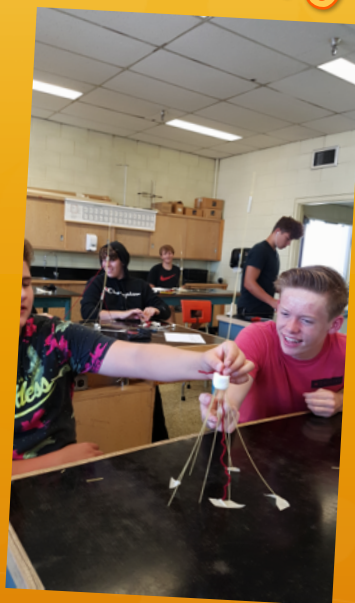
## Ms. Nicholson's Art Class



Students in this class were working on an "Art is..." drawing.



## Ms. Switzer's Science 10 Class

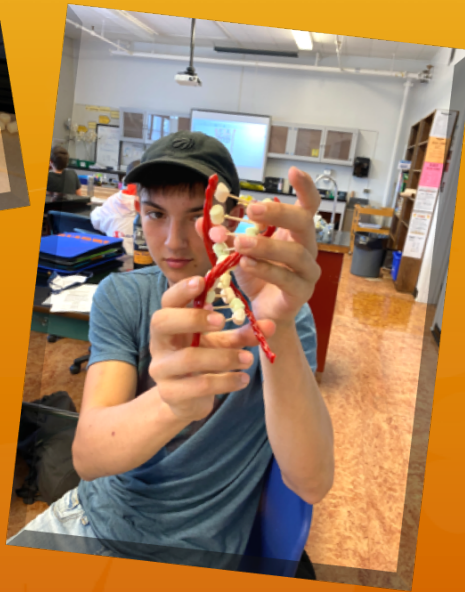


Science 10 students were challenged to make the tallest tower they could with 20 pieces of spaghetti, one marshmallow, 3 feet of tape and 3 feet of string. FUN!!!



# Ms. McKenzie's Science 10 Class

Students built models of DNA using marshmallows and licorice



**Reminder:**

**[www.insuremykids.com](http://www.insuremykids.com)  
1-800-463-KIDS (5437)**

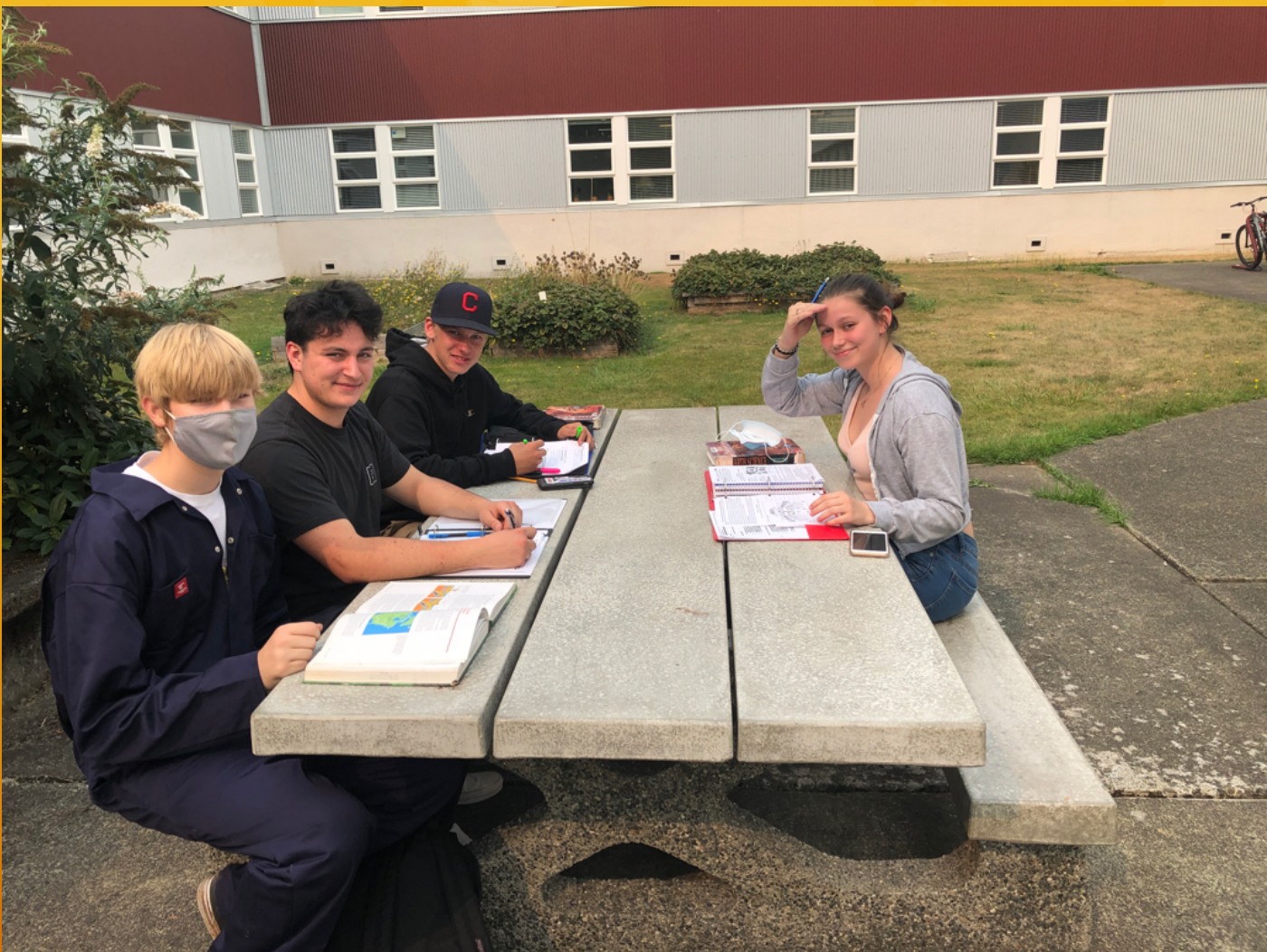
**STUDENT ACCIDENT INSURANCE**

School District 79 (Cowichan Valley) Board of Education does not provide accident insurance coverage for student injuries that occur on school premises or during school activities.

Participation in this program is voluntary, and costs are to be paid by the parent or guardian.

You can subscribe online or by phone.





Picture of the Week